



CODY LUNDIN

Professional Survival Instructor

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“Teaching self-reliance with integrity since 1991”

ACADEMIC PREPARATION

2003 - Present

(Wilderness) Emergency Medical Technician (EMT), Arizona Department of Health Services Bureau of Emergency Medical Services and Trauma System. Wilderness First Responder (WFR). American Heart Association BLS for Healthcare Providers (CPR and AED) Program, Yavapai College, Prescott, AZ

1997 - 2002

Emergency Medical Technician (EMT), Arizona Department of Health Services Bureau of Emergency Medical Services and Trauma System, American Heart Association BLS for Healthcare Providers (CPR and AED) Program, Yavapai College, Prescott, AZ

1995 - 1996

National Emergency Medical Technician (NEMT) Arizona Department of Health Services Bureau of Emergency Medical Services and Trauma System, American Heart Association BLS for Healthcare Providers CPR and First-Aid Program, Yavapai College, Prescott, AZ

1993 - 1994

Emergency Medical Technician (EMT), Arizona Department of Health Services Bureau of Emergency Medical Services and Trauma System, American Heart Association BLS for Healthcare Providers CPR and First-Aid Program, Yavapai College, Prescott, AZ

1988 - 1991

BA Depth Psychology and BA Holistic Therapies, Prescott College, Prescott, AZ

BEST-SELLING AUTHOR

2007

Author of the best-selling urban survival book, *When All Hell Breaks Loose: Stuff You Need to Survive When Disaster Strikes*, Gibbs Smith Publisher.



2003

Author of the best-selling wilderness survival book, *98.6 Degrees: The Art of Keeping Your Ass Alive!*
Gibbs Smith Publisher.

2003 - Present

The Authors Guild (member).

WRITER, PRODUCER, DIRECTOR, GUEST HOST AND/OR SAFETY AND RISK COORDINATOR**1996 - Present**

Wilderness and urban location reconnaissance, story line production and editing, shoot schedule creation and proofing, on and off camera skills demonstration, prop development and implementation, cast and crew gear list creation, wilderness risk management, safety coordination, logistics and assessment, host “coach”, technical skills trainer and advisor (psychological and physical) for major media outlets: television, radio, magazine, and newspaper, nation-wide and abroad, including The Today Show, Good Morning America, CNN, USA Today, History Channel, Fox News, Dateline NBC, The Insider, The Donny and Marie Show, Backpacker magazine, What Should You Do? (Lifetime TV), The Weather Channel, Inside Edition, Paul Panzer Show (Germany), PBS, The Doctors (TV show), HLN News, and Men’s Journal magazine to name a few.

TELEVISION HOST, PRODUCER, CONSULTANT**2009 - 2015**

Dual Survival, a top-rated Discovery Channel show. Co-host, producer, and consultant for season one (10 episodes), season two (12 episodes), season three (11 episodes), and season four (4 episodes), and Biggest Blow-Outs. International and national experience in modern survival and primitive living skills in Canada, Laos, Washington, Peru, Belize, Louisiana, New Zealand, Dominican Republic, Brazil, Argentina, South Africa, Mexico, Florida, Botswana, Colorado, Wyoming, Montana, Panama, Nicaragua, New Mexico, Chile, Ecuador, Hawaii, Zambia, California, Fiji, Romania, Sri Lanka, Oman, and Norway.

2013

North America, TV series documentary. Four episodes: “Top Ten”, “Savage Edge”, “No Place to Hide”, and “Born to Be Wild”, Discovery Channel.

2011

Masters of Survival, TV series. Three part anthology, Discovery Channel.

2011

Shark Week, “How Sharks Hunt”, Discovery Channel.

2010

Dance with Destiny, TV documentary.

2004

Lost in the Wild: Nova Scotia.

Lost in the Wild: High Desert.

(One of Discovery Channels first survival shows: four students with no back country experience "get lost" and travel with Cody learning survival skills before being rescued by Search and Rescue.)

FREELANCE WRITER

2008

Feature writer on emergency food storage and urban survival for *Super Consciousness* magazine, National Emergency Preparedness month.

2007

Outdoor writer and gear reviewer for *Backpacker* magazine.

2003 - 2004

Outdoor writer and gear reviewer for *Wild Way Magazine*. Founder and writer of the “Rock Biter Review” column dedicated to outdoor survival products and related items.

SUSTAINABLE DESIGN AND LIVING CONSULTANT

1999 - Present

Responsible for researching, designing, transporting, and assisting to build a high desert passive solar earth home and homestead over a period of several years. The main structure heats and cools itself, ventilates itself, lights itself during day light hours and requires little maintenance. Power is photovoltaic with liberal use of gravity feed for rain catchment water systems. Out buildings such as green house and chicken coop are all passive solar with rain catchments. Other design features include xeriscaping, earthen swales, rock and sand planting, native stonework, humanure, and composting.

URBAN SURVIVAL AND PREPAREDNESS TRAINER

2005 - Present

Key note speaker and instructor in disaster mitigation and survival skills for several local, state, Federal, and Tribal disaster preparedness and relief programs, both classroom and field based.

PROFESSIONAL EXPERIENCE

1991 - Present

Founder, director and lead instructor, Aboriginal Living Skills School, LLC, (ALSS, LLC) Prescott, AZ
Professional field courses in primitive and modern wilderness living and survival skills (desert and mountain); bush crafting, urban survival, and homesteading skills; lectures, consulting, media and corporate training, primitive art, and museum replication. Created curriculums and logistics in primitive living skills, modern survival skills, and urban preparedness courses two to nine days in length – or longer - serving clients of all age groups including the development and implementation of gear lists, safety, health, and liability waivers, course food menus, course access routes and transportation, Federal Outfitter/Guide permitting, insurance, marketing and advertising, social media, logo, branding, and merchandizing. Program development emphasizes core outdoor skills for greater self-reliance and competence including classroom and field based elements of outdoor safety and risk management / mitigation, communication and teamwork skills, leadership, technical skills, physiology, physics, and survival psychology. Field reconnaissance and course areas include proficiency in Sonoran, Great Basin, Chihuahuan and Mojave desert, semi-arid grassland, riparian, desert scrub (chaparral), pinyon / juniper woodland, pine / oak forest, spruce / fir forest, and alpine tundra bio-regions. Facilitated the training and mentoring of all ALSS co-instructors.

2000 - Present

Faculty, Ecosa Institute, Prescott, AZ

Originator and instructor for the Sustainable Ecological Design and Southwestern Indigenous Living Skills curriculum, (pinyon / juniper woodland and Sonoran desert). Responsible for all field reconnaissance, gear lists, safety waivers, and course instruction in classroom and field.

1994 - Present

Adjunct Faculty, Yavapai College, Prescott, AZ

Originator and instructor for the Outdoor Survival Skills, Winter Survival Skills, and Aboriginal Living Skills credit classes and non-credit Wilderness Skills curriculums. Responsible for designing and implementing all field reconnaissance and route planning, safety and risk assessments, gear lists, academic studies, field skills, menus and student assessments for four day lecture/lab component classes.

2000 - 2008

Team building consultant and trainer, Yavapai College, Prescott, AZ

Consultant on curriculum development, design and delivery for Internal Leadership Program for college faculty and staff. Taught several field based team building courses using the metaphors of primitive living skills and tribal dynamics to increase teamwork, productivity and public relations among college faculty and staff.

1997 - 2000

Continuing education instructor, Yavapai College, Prescott, AZ

Originator and instructor for Faculty and Staff Development continuing education training seminars.

1993 - Present

Independent study mentor, Prescott College, Prescott, AZ

Residential Degree, Adult Degree and Master of Arts programs. Mentored field and classroom based programs in primitive living skills, modern outdoor survival skills, mammal tracking and trapping, primitive hunting techniques, wild edible plants, passive solar design, and eco psychology.

1993 - 2002, 2006

Adjunct Faculty, Prescott College, Prescott, AZ

Originator and instructor for the Aboriginal Living Skills and Survival Skills curriculum in cooperation with the Adventure Education and Human Development programs. Responsible for designing and implementing all field reconnaissance and route planning, safety and risk assessments, gear lists, transportation, culture of origin projects, academic studies, field skills, menus and student assessments for thirty day Spring/Summer block class.

1990 - 1994

Instructor, Arizona Outdoor Institute, Phoenix, AZ

Technical desert survival and Sonoran, Mojave and Great Basin desert primitive living skills.

1989 - Present

Instructor, Rabbit Stick and Winter Count Rendezvous, Rexburg, Idaho / Maricopa, Arizona. Primitive living, wilderness living, bush crafting, and modern outdoor survival skills for desert and mountain regions.

1989 - 1991

Instructor, Boulder Outdoor Survival School, Boulder, UT. Great Basin desert primitive living and survival skills.

INSTRUCTOR AND/OR CONSULTANT:**1991 - Present**

America's Most Wanted (TV show)

Federal Emergency Management Agency (FEMA)

The Travel Channel

Men's Health magazine
Smoki Museum
Arizona Mountaineering Club
Time Passages Expeditions
Yavapai County Search and Rescue
Sharlot Hall Museum
Yavapai Prescott Indian Tribe
Recreational Equipment, Inc. (REI)
Prescott Daily Courier
Florence Prison Tracking Team
Prescott Recreation Department
Arizona State University
Chino Valley Unified School District
Sedona Historical Society
Ananda World Brotherhood Community
Boy Scouts of America
Gunsite Training Center
United States Forest Service
Church World Service
Arizona Outing Club
New Alternatives
Arizona Public Service (APS)
Highlands Center for Natural History
Digimage Films, Quebec, Canada
Hoggard Films
Prescott Paddlers Club of America
JWM Productions
East Valley Tribune newspaper
Arizona Parks and Recreation Association
Prescott Unified School District
Prescott Public Library
TV's *Bare Necessities* (BBC)
Primavera School
Prescott Rotary Club
Youth Talent Search Program
National Geographic Television
American Camping magazine
Cafe Productions Limited, United Kingdom
The Scottsdale Tribune
The Arizona Republic
Great North Productions, Canada
Youth STEP
The Scottsdale Sportsmen's Club
Association for Experiential Education (AEE)

Sacred Earth, Sacred Self National Conference
Fox News
Camp Jeep
Arizona Children's Burn Camp
Sports Enhancement and Conditioning (YCC)
Discovery Channel
National Geographic Adventure magazine
Damascus Trail Days
Book Expo America
RDF Media
44 Blue Productions
Prescott Connection
National Indian Youth Leadership Project
Willow Bend Environmental Center
Juma Entertainment
Popular Mechanics magazine
Arizona Highways magazine
First 30 Days
The Inspiration Networks
Darlow Smithson Productions
Creative Differences
Diverse Bristol TV
CNN
Professional Writers of Prescott
Sault Saint Marie Tribe of Chippewa Indians
Original Media
Endemol Germany
Gurney Productions
Central Washington University
Penn State Berks
Northern Arizona University
South Dakota Agri-Business Association
Slippery Rock University
CPM West
Experience Six
U2011.org
YPO Arizona Chapter
Make-a-Wish Foundation
MSN
The Today Show
Good Morning America
The History Channel
Backpacker magazine
Chrysler Group, LLC

Insight Fire Arms Training Development
From Scratch magazine
Outdoor Recreation Festival and Expo, Prescott, AZ
UK Bushcraft Show
Merit Mile
New York Daily News
Men's Journal magazine
The Native Society
August Man
Cosmopolitan magazine
The Insider (CBS)
Patriot News newspaper
The New Idealist magazine
Marketwave
Midnight in the Desert with Art Bell
Mrs. Green's World
The Weather Channel
Summit at Sea
HLN News